



Napkin Ring Tutorial

You will need:

- ▶ 2 rectangles of linen (1 stitched, 1 plain) with the same back-stitched outline.
- ▶ interfacing (to the same dimensions as the stitched design)
- ▶ 30cm of 1cm wide ribbon
- ▶ some matching beads (optional)

Step 1 : getting ready.



Iron your pieces of linen on the wrong side of the work. Allow an extra 1cm around all the sides of the stitched designs to allow for the seams. Cut the excess fabric at all corners.

Cut 2 rectangles of interfacing to the same dimensions as the linen rectangles (take care that they do NOT overlap the backstitched outline in any place). Position the interfacing on the back of the linen rectangles, and iron them on, following the manufacturer's instructions.

Step 2 : putting it together.



Cut your ribbon in half, and pre-stitch each ribbon on either sides of the stitched rectangle, as shown on the pictures on the left. The ribbons should be stitched on the right side of the linen (making sure they are aligned with the design), their length stretching towards the centre of the design.

Then fold back the hems and pinch them into place. (the ribbons should now be sitting in their normal position)

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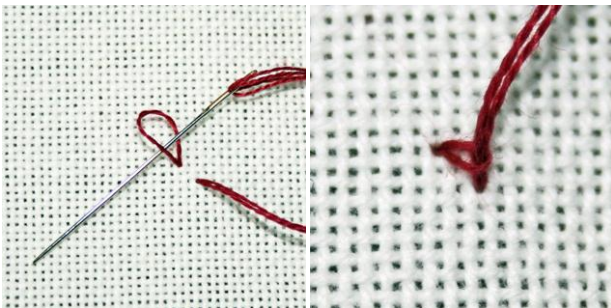
Put the 2 rectangles together (wrong sides touching) and whip-stitch** them together. When you get to the ribbon, you'll have to stitch through it. You can add beads at regular intervals if you wish. Work your way around the entire rectangle.

Step 3 : adding the finishing touches.



Just tie the ribbons together into a pretty bow.

Technical tips:



* Loop Method:

Use this method when you need the start of a seam to be as "invisible" as possible. Take a longer length of thread than usual, and double it up. Thread your needle so that the loop is at the bottom of your length of thread.

Start your first stitch, turn your fabric over so you're looking at the wrong side, and thread your needle through the loop to secure it. Pull to tighten (see the pictures above – note that the photos are showing the **wrong side** of the fabric).



** Whip Stitch:

You can use this method to assemble 2 pieces of outlined fabric together. (The stitched pieces must have been outlined with backstitch prior to this.) You can then stitch each pair of opposite backstitches together, as shown on the picture.

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If you enjoyed stitching this napkin ring, you may like the following designs:



Frosty Table Mat



Frosty Humbug



Frosty Pendeloque



Frosty Star

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